**COVID-19 Risk Assessment**

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| SESSION LOCATION | Portobello beach, Edinburgh/Threipmuir Reservoir, Edinburgh |
| Completed by | Kate Gillwood (Coach/Owner) |
| Date of Assessment | Thursday, April 1, 2021 |

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| HAZARDS – What will Cause Harm |
| Close Contact  Inadequate PPE  Lack of Training  Sharing Equipment  Lack of Up to Date information regarding the virus  Physical Environment  Ration Numbers |

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| RISKS – What Could Happen? What could the consequences be? |
| Contracting Covid  Passing the Infection to others  Drowning  Injury  Serious Health Complications |

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| PEOPLE AT RISK – Who could be harmed? |
| Coach  Clients |

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| LOCATION – Where are the hazards located? |
| Open air at various locations |

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| Description | Priority | Responsible |
| Customers are to inform the Coach if they, or a member of their household, has, or have, any signs or symptoms of COVID-19, they are not to enter the swimming facility or attend swimming lessons. | HIGH | Customer |
| Anyone with COVID-19 symptoms such as:  • A new continuous cough  • A high temperature  • A loss of, or change to sense of smell or taste Are advised to stay at home and contact NHS | HIGH | Coach |
| If the Coach has COVID-19 symptoms or is living with someone with confirmed COVID-19 all sessions will be postponed until quarantine period is over and all relevant other items adhered to as outlined but the government guidelines. | HIGH | Coach |
| Session rations kept small in line with government guidelines and within bounds of qualification | HIGH | Coach |
| Sessions time will be staggered to avoid overlap of clients | LOW  Can mitigate by the decision to schedule sessions with time in between if in the same day. | Coach |
| Social Distancing will be followed during the entirety of the session in line with government social distancing guidelines | HIGH  Can help mitigate by remembering HANDS, FACE and SPACE | Coach and Client |
| Coach are trained to enforce the social distancing rules and following COVID data collection | MEDIUM | Coach  COVID-19 Officer Awareness completed - STA |
| Swimmers to bring own equipment where possible. | MEDIUM  Mitigated by appropriate cleaning of coaches equipment in advance where potential use by the client is needed | Coach and Client  (If equipment is used it will be quarantined for the designated amount of time in separate container and then be disinfected once that quarantine period is over) |
| Debriefs will be kept short with more feedback being done via email and over the phone | LOW  Mitigated by the use of social distancing and masks | Coach  (to keep exposure times down) |
| Hand Sanitising available for client | LOW  Due to social distancing not within 3m of clients and changing outside, showing at home | Coach  (Hand sanitizer and Disinfecting wipes are available for clients use. Clients will be encouraged to bring own also) |
| Swimmers will come prepared to start session with all equipment / items in one place to avoid moving around | LOW  Mitigated by social distancing and changing outside | Coach and Client |